



3 year guarantee / Garantie 3 ans

# AVAO SIT / ADAO SIT FAST

EN 358: 2018  
EN 813: 2008

ERG TPTC019/2011

Seat harness, work positioning and restraint belt for work at height  
Harnais cuissard, ceinture de maintien et de retenue pour les travaux en hauteur

## ⚠️ WARNING / ATTENTION

Activities involving the use of this equipment are inherently dangerous.  
You are responsible for your own actions and decisions.

Before using this equipment, you must:  
 - Read and understand all instructions for Use.  
 - Get specific training in its proper use.  
 - Become acquainted with its capabilities and limitations.  
 - Understand and accept the risks involved.

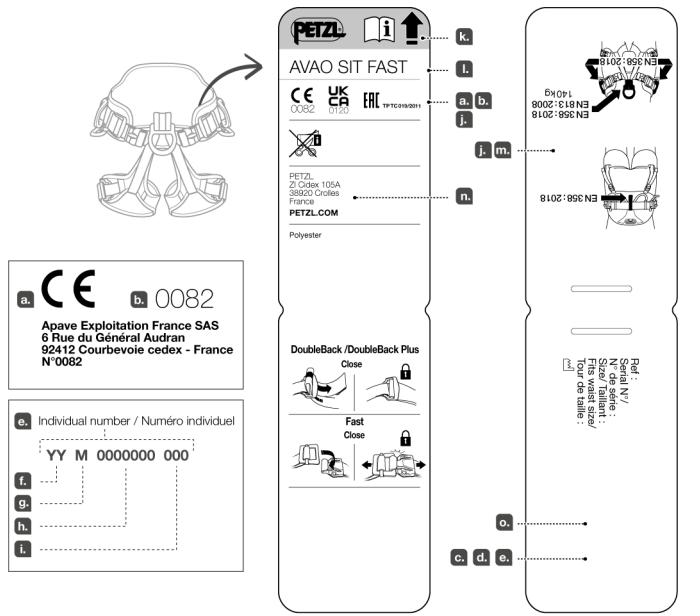
FAILURE TO HEED ANY OF THESE  
WARNINGS MAY RESULT IN SEVERE  
INJURY OR DEATH.

Les activités impliquant l'utilisation de cet équipement sont par nature dangereuses.  
Vous êtes responsable de vos actes, de vos décisions et de votre sécurité.

Avant d'utiliser cet équipement, vous devez :  
 - Lire et comprendre toutes les instructions d'utilisation.  
 - Vous former spécifiquement à l'utilisation de cet équipement.  
 - Vous familiariser avec votre équipement, apprendre à connaître ses performances et ses limites.  
 - Comprendre et accepter les risques inhérents.

**LE NON-RESPECT D'UN SEUL DE CES AVERTISSEMENTS PEUT ÊTRE LA CAUSE DE BLESSURES GRAVES OU MORTELLES.**

## Traceability and markings / Traçabilité et marquage



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Latest version  
Dernière versionOther languages  
Autres languesTechnical tips  
Conseils techniquesPPE checking  
Vérification EPI

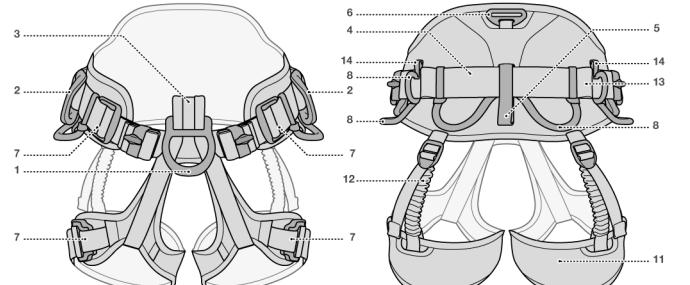
## Warning symbols Panneaux d'alertes



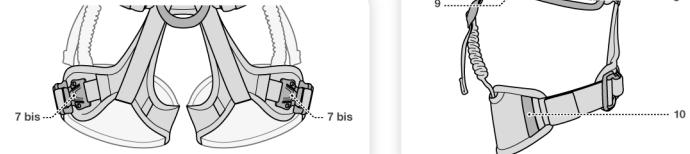
1. Field of application  
Champ d'application

2. Nomenclature

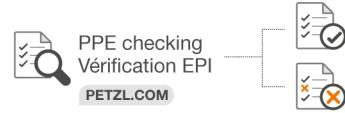
**AVAO SIT**



**AVAO SIT FAST**

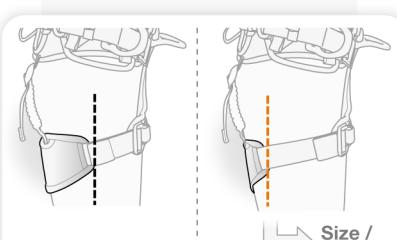
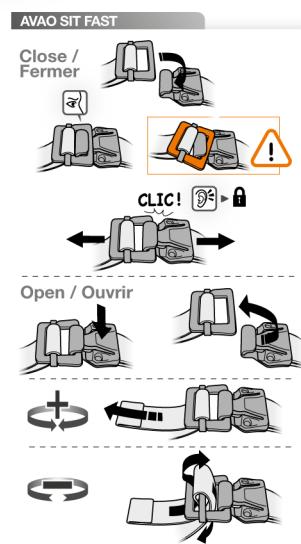
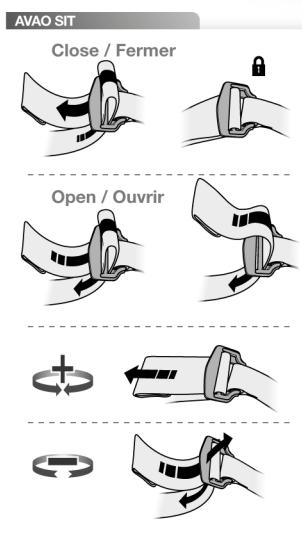
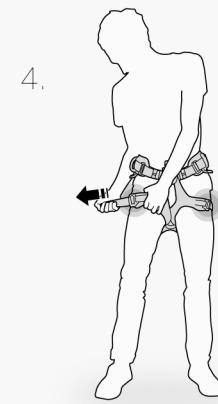
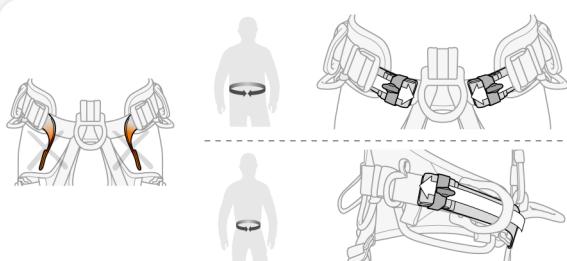
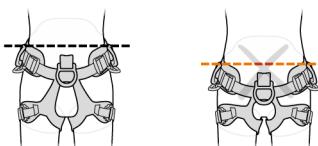
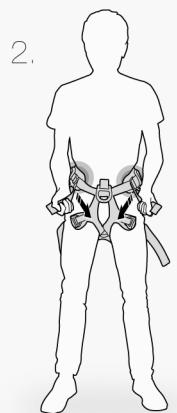
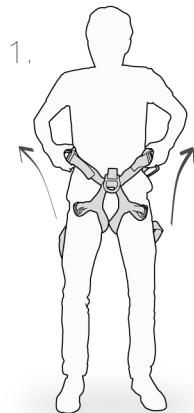


3. Inspection, points to verify  
Contrôle, points à vérifier

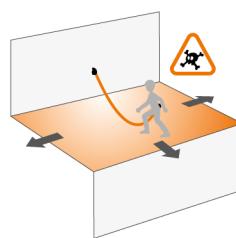
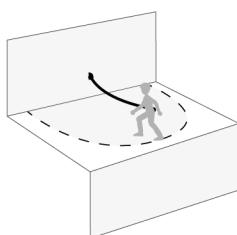
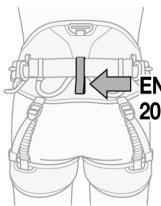
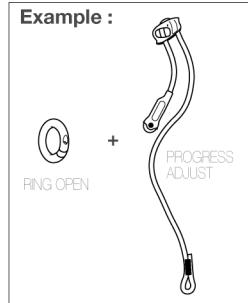
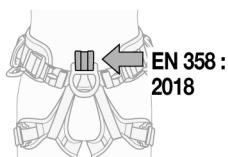
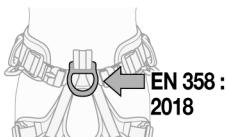
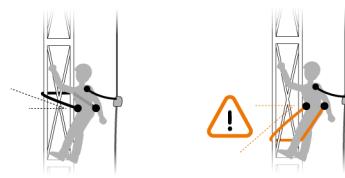
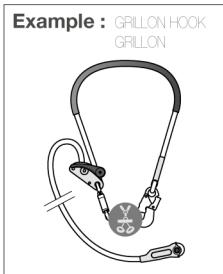


4. Compatibility (text part)  
Compatibilité (partie texte)

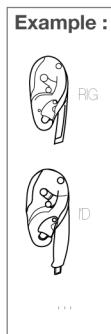
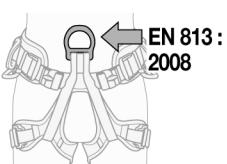
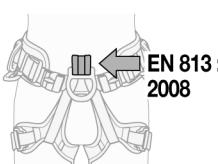
5. How to put the harness on  
Mise en place du harnais



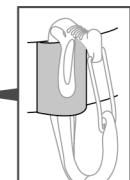
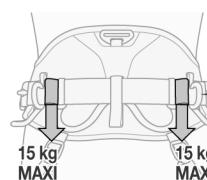
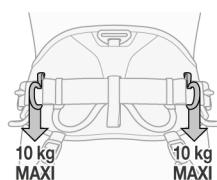
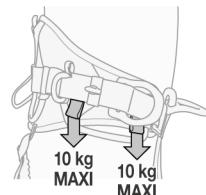
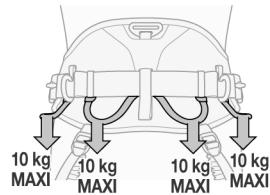
**6.** EN 358: 2018 harness for work positioning and restraint  
Ceinture de maintien au travail et retenue EN 358: 2018



**7.** Seat harness EN 813: 2008  
Harnais cuissard EN 813: 2008



**8.** Equipment loops  
Porte-matériaux



	<b>Size / Taille 0</b>	<b>A</b> 65 - 80 cm 26 - 39 inch	<b>B</b> 44 - 59 cm 18 - 23 inch
	<b>Size / Taille 1</b>	<b>A</b> 70 - 93 cm 28 - 36 inch	<b>B</b> 47 - 62 cm 19 - 24 inch
	<b>Size / Taille 2</b>	<b>A</b> 83 - 120 cm 33 - 46 inch	<b>B</b> 50 - 65 cm 20 - 25 inch

### 9. Additional information Informations complémentaires

#### A. Lifetime / Durée de vie

Serial n° / N° de série  
60XXX XX XXXX + **10** years  
ans

#### B. Markings / Marquage



#### C. Acceptable T° / T° tolérées

+ 80°C / + 176°F  
- 40°C / - 40°F

#### D. Precautions for use / Précautions d'usage



etc...

#### E. Cleaning - Disinfection / Nettoyage - Désinfection



#### F. Drying / Séchage



#### G. Storage - Transport / Stockage - transport



#### I. Modifications - Repairs Modifications - Réparations



#### J. FAQ - Contact Questions - Contact



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